

CRITERIA 7.1.1

Measures initiated by the Institution for the promotion of gender equity

ANNUAL GENDER SENSITIZATION ACTION PLAN AND RELATED ACTIVITIES



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Annual Gender Sensitization Action Plan



Annual Gender Sensitization Action Plan (2024-25) for ITM University, Gwalior

Introduction

This action plan outlines the activities to be conducted at ITM University for the academic year 2024-25 to promote gender sensitization. It is developed in line with the latest UGC guidelines and relevant legal provisions to foster an inclusive and equitable environment.

Objectives

- 1. Raise awareness about gender equality and sensitization.
- 2. Promote a safe and inclusive campus environment.
- 3. Educate students, faculty, and staff about gender-related issues.
- 4. Encourage reporting and addressing gender-based discrimination and harassment.

Key Areas and Proposed Actions

Key Area	Proposed Action	Timeline	
Awareness Programs	Conduct workshops and seminars on gender sensitization	annual	
Training and Capacity Building	Training sessions for faculty and staff on gender equality and sensitization	Quarterly	
Student Engagement	Organize debates, essay competitions, and poster- making contests	Quarterly	
Policy Implementation	Review and update university policies to ensure gender inclusivity	Annually	
Support Systems	Strengthen counseling services for gender-related issues	Ongoing	
Research and Development	Encourage research on gender studies and related fields	Ongoing	
Reporting Mechanisms	Establish and publicize clear reporting mechanisms for gender-based issues	Ongoing	

Activities Based on Nature

1. Awareness Programs

 Workshops and Seminars: Monthly sessions addressing gender roles, stereotypes, and equality.



Guest Lectures: Invite experts to speak on gender sensitization and related topics.

2. Training and Capacity Building

- **Faculty and Staff Training:** Quarterly training programs to sensitize faculty and administrative staff.
- Online Courses: Development of online modules on gender sensitization.

3. Student Engagement

- Competitions: Debates, essay writing, and poster-making contests to engage students actively.
- Clubs and Societies: Support gender sensitization clubs to organize peer-led activities.

4. Policy Implementation

- o **Policy Review:** Annual review of university policies to ensure they are inclusive and supportive of gender equality.
- o **Compliance Checks:** Regular audits to ensure adherence to gender sensitization policies.

5. Support Systems

- o **Counseling Services:** Strengthen and publicize counseling services for students facing gender-related issues.
- **Support Groups:** Establish support groups for students to share experiences and seek advice.

6. Research and Development

- **Research Grants:** Provide grants for research on gender studies and related topics.
- o **Publications:** Encourage publication of research findings in journals and conferences.

7. Reporting Mechanisms

- **Helplines and Hotlines:** Establish and publicize helplines for reporting gender-based issues.
- o **Anonymous Reporting:** Enable anonymous reporting of gender-based harassment or discrimination.

Latest Relevant UGC Guidelines and Legal Provisions

• UGC Guidelines on Gender Sensitization:

- Universities are required to create a Gender Sensitization Committee against Sexual Harassment (GSCASH) as per the UGC (Prevention, Prohibition, and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulations, 2015.
- Regular workshops and training programs must be conducted to sensitize the campus community.

• Legal Provisions:



- The Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act, 2013: This act mandates the formation of Internal Complaints Committees (ICCs) in educational institutions to address sexual harassment complaints.
- o **Right to Education Act:** Emphasizes the need for an inclusive and non-discriminatory educational environment.
- National Policy for Women (2016): Advocates for gender sensitization and inclusion in educational curricula.

Implementation and Monitoring

- **Gender Sensitization Committee:** The GSCASH will oversee the implementation of this action plan.
- **Monitoring and Evaluation:** Regular monitoring and evaluation of the activities will be conducted to ensure effectiveness and make necessary adjustments.
- **Feedback Mechanism:** Establish a feedback mechanism to gather inputs from students, faculty, and staff to improve gender sensitization initiatives.

By systematically implementing these activities, ITM University aims to create a more inclusive and gender-sensitive campus environment, fostering respect and equality among all members of the university



Activity Report

2023-24

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1.	Session on Financial Wellness Enhancement	<u>View</u>
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	and a talk with the film maker	
10.	She Future: Women Entrepreneurship Competition	<u>View</u>



1. Session on Financial Wellness Enhancement Program

Date: 26.08.2023

Time: 11:30 am to 12:30 pm

Mode: Online

Objective: The main objective of the session was to enhance financial literacy among women and equip them with the knowledge and skills necessary to achieve financial wellness. By understanding financial concepts and practices, women can take control of their **financial futures and contribute to their overall well-being and economic independence**

Activity:

An online session on "Financial Wellness Enhancement" was organized on 26.08.2023 by the Women Empowerment Cell (WEC) of ITM University in association with Global Excellence, under an initiative of NSE and SEBI aimed at promoting financial literacy among women. The program was conducted online via the Zoom virtual platform. The session covered various aspects of financial wellness, including budgeting, saving, investing, and understanding financial products and services. Ms. Arora provided insights into the importance of financial planning and literacy, especially for women, to empower them to make informed financial decisions. The presentation included practical tips and strategies for managing personal finances effectively.

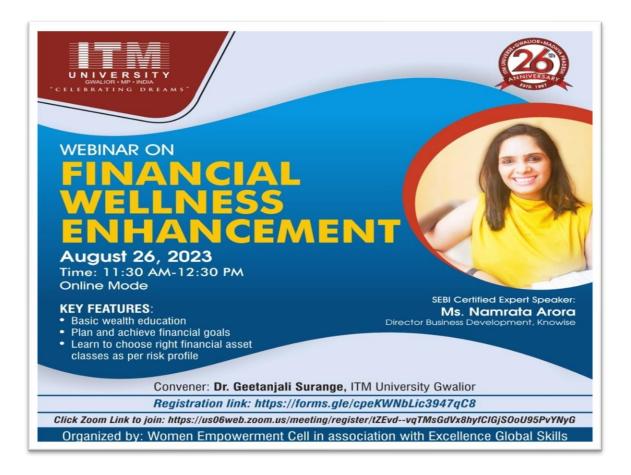
Outcome: The session was well-received by the participants, who gained valuable knowledge on financial management and planning. The interactive format allowed attendees to ask questions and receive personalized advice from the expert. The feedback indicated that the participants felt more confident in their ability to handle financial matters and were motivated to apply the learned concepts in their daily lives.

Impact: The impact of the session extended beyond the immediate participants, as they were encouraged to share the knowledge gained with their peers and communities. This multiplier effect helps to spread financial literacy more broadly, contributing to the overall goal of empowering women financially. The session also strengthened the collaboration between ITM University, Global Excellence, NSE, and SEBI, setting the stage for future initiatives aimed at promoting financial wellness.

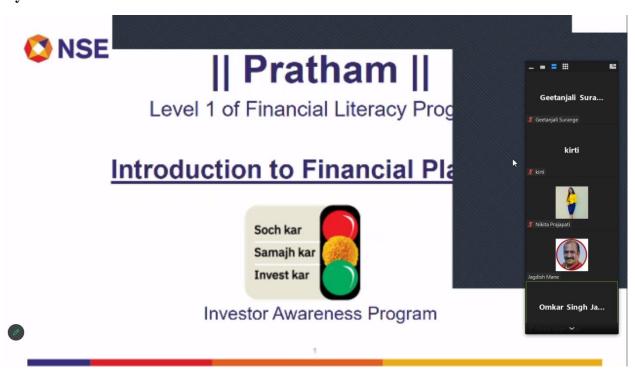
Conclusion:

Overall, the session on Financial Wellness Enhancement was a significant step towards fostering financial literacy and empowerment among women, aligning with the broader objectives of financial inclusion and economic development.





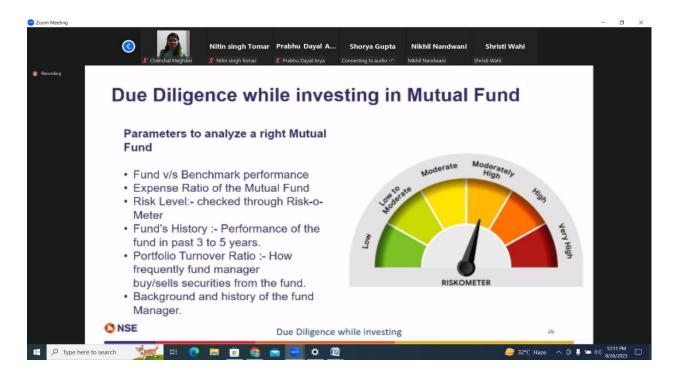
Flyers of the event





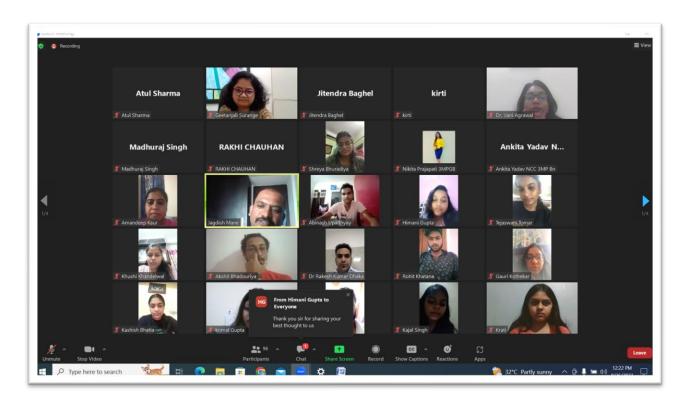


PPT presentation









Participants of the event



2. Session on Personal Grooming

Date: 29th August 2023

Venue: Madhu Limaye Seminar Hall

Introduction

The Women's Empowerment Cell (WEC) at ITM University, Gwalior organized a session on personal grooming and formal dressing titled "Know Yourself: Personal Grooming and Styling Workshop." This session aimed to train students on the importance of personal grooming and formal dressing, enhancing their overall appearance and confidence.

Objective

The primary objective of the session was to:

- 1. Educate students on the significance of personal grooming and formal dressing.
- 2. Provide practical tips and techniques for effective grooming and styling.
- 3. Enhance students' confidence and professional appearance.

Activity

The session was conducted by Ms. Vartika Saxena, a renowned makeup artist from Gwalior. The activities included:

- 1. **Introduction to Personal Grooming:** Ms. Saxena began with an overview of personal grooming, emphasizing its importance in professional and personal settings.
- 2. **Practical Demonstration:** She demonstrated various grooming techniques, including skincare, haircare, and makeup application suitable for formal occasions.
- 3. **Styling Tips:** Ms. Saxena provided valuable tips on choosing the right attire for formal events, focusing on professional dressing etiquette.
- 4. **Interactive Q&A Session:** Students had the opportunity to ask questions and receive personalized advice from Ms. Saxena.

Impact

The session had a significant impact on the students:

- 1. **Enhanced Knowledge:** Students gained a comprehensive understanding of personal grooming and styling.
- 2. **Increased Confidence:** The practical tips and personalized advice helped boost students' confidence in their appearance.



3. **Professional Development:** The session contributed to students' professional development by preparing them for formal and professional settings.

Outcome

The workshop achieved its objectives successfully:

- 1. **Positive Feedback:** Students provided positive feedback, expressing their satisfaction with the practical insights and personalized advice received during the session.
- 2. **Improved Grooming Skills:** Many students reported an improvement in their grooming and styling skills, which they applied in their daily routines.
- 3. **Increased Awareness:** The session raised awareness about the importance of personal grooming and formal dressing among the students.

Conclusion

The "Know Yourself: Personal Grooming and Styling Workshop" organized by WEC, ITM University, was a resounding success. The expertise and practical demonstrations provided by Ms. Vartika Saxena enriched the students' knowledge and skills in personal grooming and formal dressing. The session not only boosted their confidence but also prepared them for professional environments. Such workshops play a crucial role in the holistic development of students, equipping them with essential life skills.



Flyer of the event



Photo of participants

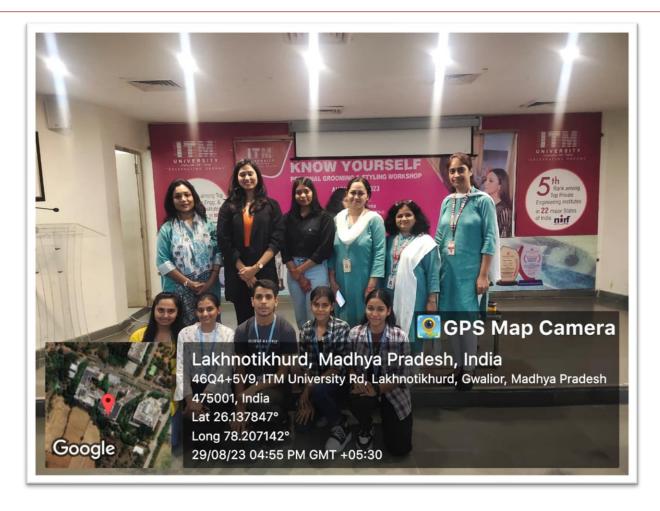












Some glimpse of the event



3.Report on the 5-Day Workshop on "Protraction and Prevention of Women from Sexual Harassment at the Workplace"

Date:-25th Nov-29th Nov 2023

Organized by: Women Empowerment Cell (WEC) in collaboration with Internal Complaints Committee (ICC), ITM University

Objective:

The primary objective of the 5-day workshop on "Protraction and Prevention of Women from Sexual Harassment at the Workplace" was to raise awareness and educate participants about the importance of a safe and respectful work environment. The workshop aimed to:

- 1. Equip participants with knowledge about sexual harassment laws and policies.
- 2. Provide strategies for preventing and addressing sexual harassment.
- 3. Foster a culture of respect and equality within the workplace.
- 4. Empower women to confidently report incidents of harassment.
- 5. Encourage the development of proactive measures to protect women at the workplace.

Activities:

The workshop was structured around a series of interactive sessions, presentations, and group activities, spread over five days:

1. Day 1: Understanding Sexual Harassment

- o Introduction to sexual harassment: Definitions and examples.
- Legal framework: Overview of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013.
- o Keynote speech by a legal expert on women's rights.

2. Day 2: Identifying and Addressing Harassment

- Case studies: Real-life scenarios and discussions.
- o Role-playing exercises to identify and respond to harassment.
- Panel discussion with HR professionals and counselors.

3. Day 3: Preventive Measures and Support Systems

- o Training on creating a supportive workplace environment.
- o Workshop on bystander intervention techniques.
- o Presentation by the ICC on the complaint process and support systems.

4. Day 4: Empowering Women through Awareness

- o Interactive sessions on building confidence and self-defense techniques.
- o Group discussions on personal experiences and coping strategies.
- o Workshop on stress management and mental well-being.



5. Day 5: Building a Safe Workplace Culture

- o Strategies for developing and implementing workplace policies.
- o Best practices for workplace safety and inclusivity.
- o Closing ceremony with feedback and certificate distribution.

Outcome:

The workshop successfully achieved its objectives, with the following outcomes:

- 1. Increased awareness among participants about sexual harassment and their legal rights.
- 2. Enhanced skills in identifying, addressing, and preventing harassment.
- 3. Empowerment of women to take proactive steps in ensuring their safety.
- 4. Strengthened support systems within the university for reporting and addressing harassment.
- 5. Development of a comprehensive action plan to foster a safe and inclusive workplace culture.

Impact:

- Empowered participants to create a safer and more respectful workplace environment.
- Encouraged open dialogue about sexual harassment and its prevention.
- Inspired participants to take proactive measures to prevent sexual harassment and support victims.

Conclusion:

The workshop successfully achieved its objectives of educating and empowering participants to proactively prevent and address sexual harassment at the workplace. The knowledge and skills gained during the workshop are expected to have a positive impact on the workplace environment, promoting a culture of respect, dignity, and equality for all employees.





PHOTO OF THE EVENT



Photo of participants



4.A session on Untabooing Menstruation and Sanitary Pads

Date: 29/11/23

Venue: Madhu Limaye Seminar Hall, ITM University, Gwalior **Programme Name:** Untabooing Menstruation and Sanitary Pads

Introduction

The Women's Empowerment Cell (WEC) at ITM University, Gwalior, organized an enlightening session on "Untabooing Menstruation and Sanitary Pads." The session aimed to address and dismantle the societal taboos surrounding menstruation and promote the use of sanitary pads. The event featured Mr. Anuj Rathore, a young business entrepreneur from Vadodara, Gujarat, and the founder and CEO of "Healthy Naari," as the guest speaker.

Objectives

- 1. To raise awareness about menstrual health and hygiene.
- 2. To break the silence and stigma associated with menstruation.
- 3. To educate participants about the importance and benefits of using sanitary pads.
- 4. To encourage open discussions about menstrual health issues.

Activities

- 1. **Introduction and Welcome:** The event commenced with a welcome speech by Dr. Geetanjali Surange, who introduced the guest speaker and highlighted the importance of the topic.
- 2. **Guest Speaker's Presentation:** Mr. Anuj Rathore shared his journey of founding "Healthy Naari" and his mission to improve menstrual hygiene. He provided insights into the challenges women face due to menstrual taboos and how his company addresses these issues through innovative products.
- 3. **Interactive Session:** Participants were encouraged to ask questions and share their experiences. Mr. Rathore addressed various myths and misconceptions about menstruation.
- 4. **Demonstration:** A practical demonstration of different types of sanitary pads was conducted, explaining their benefits and proper usage.
- 5. **Distribution of Samples:** Free samples of sanitary pads from "Healthy Naari" were distributed to the attendees.
- 6. **Feedback and Discussion:** The session concluded with an open discussion where participants provided feedback and discussed the impact of the session on their perceptions.



Outcomes

- 1. Increased awareness and understanding of menstrual health among participants.
- 2. A significant reduction in the stigma associated with menstruation as attendees felt more comfortable discussing the topic.
- 3. Participants gained knowledge about the availability and use of different types of sanitary pads.
- 4. Positive feedback from attendees, expressing their willingness to share the information with others and promote menstrual hygiene.

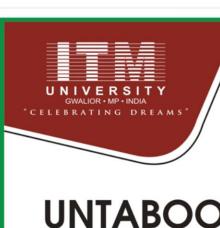
Impact

- 1. Empowerment of women through education about menstrual health and hygiene.
- 2. Enhanced community awareness as participants were encouraged to spread the knowledge gained during the session.
- 3. Support for Mr. Anuj Rathore's initiative, potentially increasing the reach and impact of "Healthy Naari" products.
- 4. Long-term behavioral change among participants, leading to better menstrual hygiene practices.

Conclusion

The session on "Untabooing Menstruation and Sanitary Pads" was a resounding success, fulfilling its objectives of raising awareness, breaking taboos, and educating participants about menstrual health and hygiene. The Women's Empowerment Cell at ITM University, Gwalior, along with the guest speaker, Mr. Anuj Rathore, made significant strides in addressing a crucial yet often neglected issue. The positive feedback and engagement from the attendees underscored the need for continued efforts in this area to ensure that menstruation is no longer a taboo topic but a matter of health and dignity.







UNTABOOING MENSTRUATION AND SANITARY PADS

November 29, 2023

Time: 11:30 am

Venue: Madhu Limaye Memorial Seminar Hall,

J.C. Bose Block, ITM University Gwalior

Speaker: Mr. Anuj Rathore Founder and CEO, Healthy Naari

Convener:

Geetanjali Surange WOMEN EMPOWERMENT Cell, ITM University Gwalior

Flyer of event









"CELEBRATING DREAMS"















Photos of event



5. Report on National Girl Child Day Celebration

Date: 24.01.2024

Venue: Madulimaye Seminar Hall, ITM University, Gwalior

Introduction

The Women's Empowerment Cell at ITM University, Gwalior, celebrated National Girl Child Day with a focus on "Cyber Security Awareness for Women Safety." The event featured esteemed guest speakers Ms. Varsha Singh, Inspector; Mr. Shailendra Rathor, Sub-Inspector; and Ms. Himani Pathak, Sub-Inspector from the State Cyber Branch, Gwalior. The event also included a poster competition for ITM University students.

Objectives

- 1. To raise awareness about cyber security and its importance for women's safety.
- 2. To educate participants on safe online practices and how to protect themselves from cyber threats.
- 3. To encourage students to express their understanding and perspectives on cyber security through a poster competition.
- 4. To celebrate National Girl Child Day by empowering female students with knowledge and skills to stay safe online.

Activities

1. **Introduction and Welcome:** The event began with a welcome speech by the convener, Dr. Geetanjali Surange, who introduced the guest speakers and emphasized the importance of cyber security for women.

2. Guest Speaker Sessions:

- o **Ms. Varsha Singh:** Spoke about the current cyber threats women face and shared real-life examples of cyber crimes.
- o **Mr. Shailendra Rathor:** Provided insights into the legal aspects of cyber security and the measures available for women's protection.
- o **Ms. Himani Pathak:** Discussed practical tips and best practices for maintaining online security, such as strong password management, recognizing phishing attempts, and safe social media use.
- 3. **Interactive Q&A Session:** Participants had the opportunity to ask questions and seek advice from the experts on various aspects of cyber security.
- 4. **Poster Competition:** A poster competition was organized where students displayed their creative and informative posters on the theme of cyber security for women. The posters were evaluated based on creativity, relevance, and impact.
- 5. **Awards and Recognition:** Winners of the poster competition were announced and awarded certificates and prizes to encourage further engagement with the topic.



Outcomes

- 1. Enhanced awareness among students about the significance of cyber security in protecting personal information and ensuring online safety.
- 2. Participants gained practical knowledge and skills to identify and mitigate cyber threats.
- 3. Increased engagement and interest in cyber security topics among students, particularly female students.
- 4. Encouragement of creative expression and dissemination of cyber security awareness through the poster competition.

Impact

- 1. Empowerment of female students with the knowledge and tools to safeguard themselves online.
- 2. Strengthened confidence among participants in handling cyber security issues and seeking help when needed.
- 3. Promotion of a culture of cyber safety within the university community.
- 4. Fostering of a supportive environment where students feel encouraged to discuss and address cyber security concerns.

Conclusion

The National Girl Child Day celebration at ITM University, Gwalior, was a successful and impactful event that highlighted the crucial issue of cyber security for women. The sessions conducted by the esteemed guest speakers from the State Cyber Branch, Gwalior, provided valuable insights and practical advice. The poster competition added a creative dimension to the event, allowing students to actively participate and contribute to raising awareness.



Proposal for conduction of a session on Cyber Security Awareness
Date: 24/01/24
Time: 3:00-5:00 p.m.
Venue : Madhulimay Seminar Hall
Topic: Cyber Security Awareness for Women Safety
Profile of the Speaker(s)
Ms. Varsha Singh(Inspector)
Mr. Shailendra Rathore (Sub Inspector)
Ms. Himani Pathak (Sub Inspector)
A team of young professionals Ms. Versha Singh (Inspector), Mr. Shailendra Rathore (Sub Inspector) Ms. Himani Pathak (Sub Inspector) are dedicated towards well being of their citizens presently working in State Cyber Crime Branch, Gwalior with an inherent objective to aware and educate citizens about the cyber frauds as well as cyber laws. Their team chaired several cyber awareness programmes in various organizations to aware and educate youth of our country about cyber laws and portals. Their team lead various programmes over women safety in the digital world and conducted awareness sessions on women rights and policies.
Expenses: Rs. 4000/- (For Bouquet), tea/Coffee snacks, Memento, Certificates) Please approve the program. Dr. Manali Skukla (Dr. Geetanjali Surange) Event Co-ordinator Convener, WEC
Event Co-ordinator Convener, WEC
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Photo of Event approval copy



Photo of poster competition presentation





Photos of poster competation and evaluaters evaluating





Flyer of the event





Photo of spoke person



"CELEBRATING DREAMS"



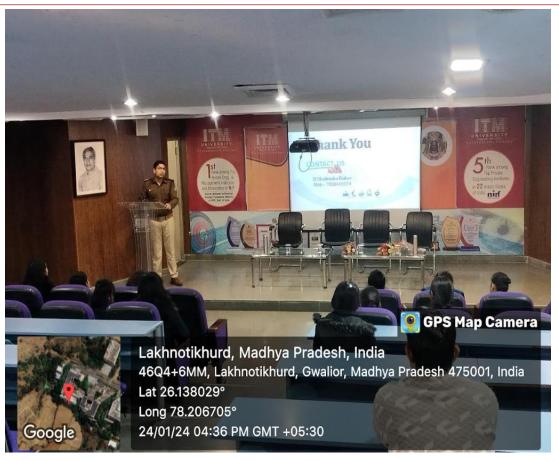






Some glimpse of event









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6. Report on the Seminar: "Prevention and Control of Common Gynecological Problems"

Date: February 23, 2024 **Time:** 3:00 - 5:00 PM

Venue: Madulimaye Seminar Hall, ITM University, Turari Campus

Organized by: School of Pharmacy in collaboration with the Women Empowerment Cell

Objective:

The primary objective of the seminar was to raise awareness among students, faculty, and staff about common gynecological problems and their prevention. The seminar aimed to educate participants on the importance of early detection, preventive measures, and healthy lifestyle choices to mitigate risks associated with gynecological issues, including cervical and breast cancer.

Activities:

1. Inauguration:

The seminar commenced with a lamp-lighting ceremony and Saraswati Vandana performed by the Honourable Vice Chancellor, Dr. Yogesh Upadhyay, who also delivered the welcoming address.

2. Introduction of the Distinguished Speaker:

The Dean of the School of Pharmacy, Dr. M. Alagusundaram, introduced the distinguished speaker, Dr. Roza Olyai.

3. Keynote Address by Dr. Roza Olyai:

Dr. Roza Olyai delivered an insightful speech on common gynecological issues affecting women, such as cervical and breast cancer. She discussed:

- Self-examination techniques for early detection.
- Risk factors like obesity, poor gynecological hygiene, and sexually transmitted infections
- Preventive measures including lifestyle changes, dietary habits, exercise, yoga, and meditation.



4. Memento Presentation:

The Dean of Research and Development, Dr. Pallavi Khatri, honored Dr. Roza Olyai with a memento.

5. Vote of Thanks:

Dr. Geetanjali Surange, the Convenor of the Women Empowerment Cell, delivered a vote of thanks, expressing gratitude to all contributors.

Impact:

The seminar had a significant impact on the attendees, enhancing their understanding of gynecological health and preventive care. Participants gained valuable insights into the importance of early detection and the role of healthy lifestyle choices in preventing gynecological problems. The seminar fostered an environment of awareness and proactive health management among the university community.

Outcome:

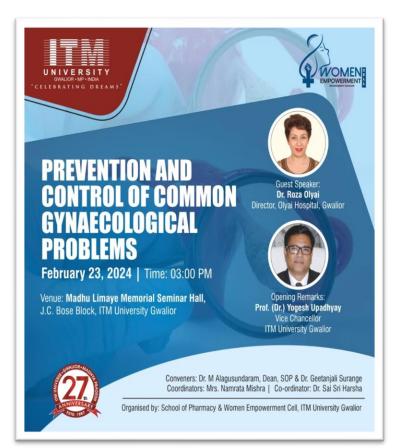
- **Increased Awareness:** Attendees became more aware of common gynecological issues and their preventive measures.
- **Empowerment:** Participants felt empowered with knowledge about self-examination techniques and the importance of regular health check-ups.
- Behavioral Change: The seminar encouraged attendees to adopt healthier lifestyle
 practices, such as maintaining a balanced diet, regular exercise, and good hygiene
 practices.
- **Engagement:** The event promoted active engagement and interaction between students, faculty, and the expert speaker, fostering a collaborative learning environment.

Conclusion:

The seminar on the "Prevention and Control of Common Gynecological Problems" was a resounding success, achieving its objectives of raising awareness and educating the university community on crucial health issues. The presence of distinguished guests, including Dr. Roza Olyai and the Honourable Vice Chancellor Dr. Yogesh Upadhyay, added prestige to the

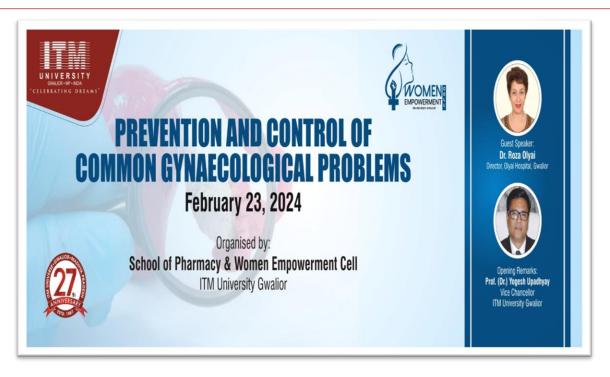


event. The collaborative efforts of the School of Pharmacy and the Women Empowerment Cell ensured the seminar's smooth execution and impactful delivery.































Photos of events

7. International Women's Day Celebration

Date: March 9, 2024 **Time:** 9:30 - 11:00 A.M

Venue: Madulimaye Seminar Hall, ITM University, Turari Campus

Organized by: Women Empowerment Cell

Objective

The primary objective of this event was to celebrate International Women's Day by promoting the practice of heartful meditation as a means to achieve work-life balance. The session aimed to educate participants on the benefits of meditation and how it can be incorporated into daily life to improve overall well-being and productivity.

Activity

The event began with the lighting of the lamp and Saraswati Vandana, performed by the Honorable Vice Chancellor, Dr. Yogesh Upadhya, who also delivered the welcoming address. Dr. Geetanjali Surange, Associate Professor, Department of CSA, and the convener of the Women Empowerment Cell, introduced the distinguished speaker, Ms. Suman Gujar, SP PTS, Tighra, Gwalior.

Ms. Suman Gujar delivered an insightful speech on heartful meditation, explaining its practice and its role in achieving work-life balance. She shared practical tips and techniques, and introduced the audience to the concept of heartfulness meditation. Her presentation



included videos on heartfulness meditation, Kanha Shanti Vanam, and the Meditation Center, highlighting lifestyle changes and meditation practices.

Following the speech, Ms. Namrata Mishra, Assistant Professor from the Department of the School of Pharmacy, honored Ms. Gujar by presenting her with a plant. Dr. Geetanjali Surange then delivered the vote of thanks, expressing gratitude to all who contributed to the event's success. The event was coordinated by Lieutenant Amandeep Kaur and attended by faculty members, coordinators, and students from various departments of ITM University.

Outcomes

- **Increased Awareness:** Participants gained a deeper understanding of heartful meditation and its benefits for achieving work-life balance.
- **Practical Insights:** Attendees learned practical techniques for incorporating meditation into their daily routines.
- **Enhanced Engagement:** The event fostered a sense of community and engagement among faculty members, students, and the guest speaker.

Impact

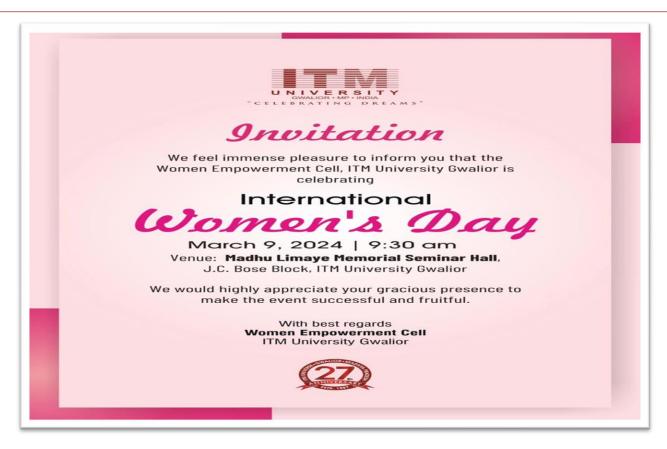
The session had a positive impact on the participants by:

- Promoting mental well-being and stress management through heartful meditation.
- Encouraging a balanced approach to work and personal life.
- Inspiring attendees to adopt meditation practices for long-term health benefits.

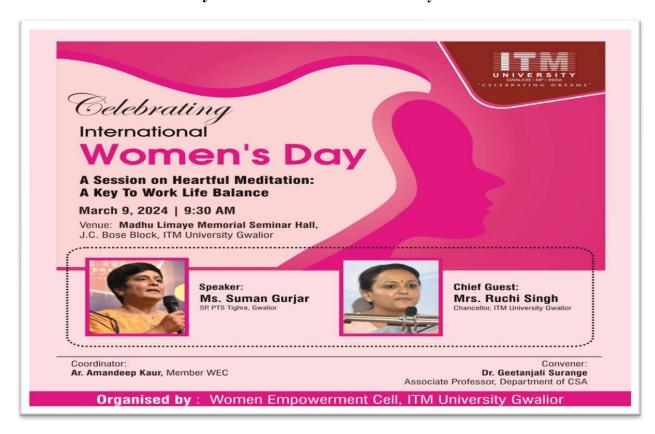
Conclusion

The session on heartful meditation was a resounding success, fulfilling its objective of promoting work-life balance through meditation. The event not only celebrated International Women's Day but also provided valuable insights and practical tools for improving mental well-being. The Women Empowerment Cell at ITM University demonstrated effective coordination and collaboration, making the event a memorable and impactful experience for all attendees.





Flyer of International Women's Day





(The	me: Inspire Inclusion)	
	Dataille	Remarks
Program Details Expert Speaker	"A session on Heart full mediation: A key to work life Balarce" Ms. Suman Garjar, (confirmed) SP, PTS Tighta, Owalioe "Inspire Inclusion" Smr. Ruchi Singh (communicated waiting for confirmation) Hon'ble Chancellor, JTM University Gwalior	Budget : 2000/-
Time	9:30 am to 11: 00 am	
Venue	Madhu Limaye Seminar Hall / Nanaji Deshmukh Seminar Hall , J C Bose Block	
Event Coordinator		
		Budget:
	Couch and corporate trainer	10000/-
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Venue		expert fees and other
Event	Dr. Kirti Shrivastava, Faculty member CSA	miscellaneous
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	Program Details Expert Speaker Time Venue Event Coordinator Expected no. of Participarts Expert Speaker Time Venue	Program Details Expert Speaker "A session on Heart full mediation: A key to work life Balance" Ms. Suman Gurjar, (confirmed) SP, PTS Tighra, Gwalioe "Inspire Inclusion" Sent. Ruchi Singh (communicated waiting for confirmation) Hon'ble Chancelloe, JTM University Gwalior Time 9:30 am to 11: 00 am Venue Madhu Limaye Seminar Hall / Naraji Deshmakh Seminar Hall , J C Bose Block Event Coordinator Expected no. of Participants Expert Speaker Ms. Preeti Khare Ceech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Ceech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Coech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Coech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Coech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Coech and corporate trainer Time 9:30 am to 11: 00 am Venue Ms. Preeti Khare Coech and Company for all the faculty and staff Deshmakh Seminar Hall / Nanaji Deshmakh Seminar Hall / J C Bose Block Event Coordinator Expected no. of Compulsory for all the faculty and staff

Approval copy of the event

















Lamp lighting ceremony photo





Photo of the event







Speech by spoke person

8.Report on the Orientation Session on Prevention of Sexual Harassment (POSH)

Date: March 20, 2024 **Time:** 9:30 -A.M

Venue: Madulimaye Seminar Hall, ITM University, Turari Campus

Organized by: Women Empowerment Cell & School of Engineering and Technology

(SOET) at ITM University

Objective

The primary objective of the Orientation Session on Prevention of Sexual Harassment (POSH) organized by the Women Empowerment Cell (WEC) of the School of Engineering and Technology (SOET) at ITM University, Gwalior, was to educate participants about the various aspects of sexual harassment and the legal frameworks available for redressal. The session aimed to raise awareness, promote gender sensitization, and encourage a safe and respectful environment for both men and women.



Activity

The orientation session commenced with a Lamp Lighting ceremony, graced by the honourable Vice Chancellor, Prof. Yogesh Upadhayay, Dean (R&D) Dr. Pallavi Khatri, and the guest speaker, Mrs. Preeti Khare. Mrs. Preeti Khare, an HR professional and Founder of ENABL Eance, shared her extensive knowledge and experience on the subject. She explained the meaning of POSH, identified various types of sexual harassment (verbal, non-verbal, and physical), and discussed the legal platforms and laws available for filing complaints. The session included a welcome address by Dr. Pallavi Khatri and Prof. Yogesh Upadhayay, followed by an elaborate discussion by Mrs. Preeti Khare. The program concluded with a presidential address by the Hon'ble Chancellor, Mrs. Ruchi Singh, who emphasized the importance of equality rights and gender sensitization.

Impact

The session had a significant impact on the participants, raising their awareness of sexual harassment and the necessary steps to combat it. The knowledge imparted by Mrs. Preeti Khare empowered participants to recognize and address instances of harassment, ensuring a safer environment in their personal and professional lives. The interactive nature of the session encouraged participants to share their experiences and seek guidance, fostering a supportive community.

Outcome

The orientation session was successfully attended by more than 100 participants, including men and women. The active participation and engagement of the attendees highlighted the relevance and urgency of the topic. The session's success was evident in the positive feedback received from the participants, who appreciated the insights provided by the guest speaker and the organizing committee's efforts.

Conclusion

The Orientation Session on Prevention of Sexual Harassment (POSH) was a resounding success, fulfilling its objective of educating and empowering participants. Dr. Geetanjali Surange concluded the session by expressing gratitude to the dignitaries, organizing



committee members, and supporting staff for their contributions. As a token of appreciation, Dr. Keerti Shrivastav from the SOET department presented a memento to Mrs. Preeti Khare. The WEC's initiative has set a precedent for future programs aimed at promoting awareness and equality, reinforcing ITM University's commitment to creating a safe and respectful environment for all.



Flyer of the event



ITM University Faculty IV Q Abhishek, Amandeep, Anand, Aravendra, Arijeet, Arun, Arun, Ashish, Ashsish, Ayushi, Bharat, chanda, Dinesh, Dr, Dr, ... Geetanjali Madam Invitation (1).jpg JPG • 311 kB Greetings of the Day !!! It is a great pleasure to inform all of you that Women Empowerment Cell of ITM University Gwalior is organising a session on "Prevention of Sexual Harrasment" Your presence will further empower the Cell to achieve harrasment free campus. Details of the session are as follows: Date: 20/03/2024 Time: 9:30 am Venue: Madhu Limaye Seminar Hall, J C Bose Block , ITM University Turari Campus Guest Speaker: "Ms. Preeti Khare" Founder ENABLEance ICF -PCC Leadership Coach Corporate and a POSH Trainer 12:40



Venue	Madhu Limaye Seminar Hall
	Time Events
	9:35 a.m. – 9:38 a.m. Welcome of the Guest
	9:38 a.m. – 9:40 a.m. Lamp Lightening
	9:40 a.m. – 9:42 a.m. Inviting dignitaries on the Dias
	9:42 a.m. – 9:46 a.m. Welcome address by (Dr. Pallavi Khatri)
	9:46 a.m. – 9:50 a.m. Address by Vice Chancellor Prof. Yogesh Upadhyay
	9:50 a.m. – 9:52 a.m. Introduction of the Guest
	(Anchor)
	9:52 a.m. – 10:42 a.m. Expert Talk by (Ms. Preeti Khare)
	10:42 a.m. – 10:52 a.m. Presidential address by Hon'ble Chancellor(Mrs. Ruchi Singh)
	10:52 a.m 10:55a.m.Vote of thanks by WEC Coordinator (Dr. Geetanjali Surange)
	9:46 a.m. – 9:50 a.m. Address by Vice Chancellor Prof. Yogesh Upadhyay 9:50 a.m. – 9:52 a.m. Introduction of the Guest (Anchor) 9:52 a.m. – 10:42 a.m. Expert Talk by (Ms. Preeti Khare) 10:42 a.m. – 10:52 a.m. Presidential address by Hon'ble Chancellor(Mrs. Ruchi Singh) 10:52 a.m 10:55a.m. Vote of thanks by WEC Coordinator

















Some glimpse of the event



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Attendance List



ज्वालियर, गृरुवार 21 मार्च, 2024 हिन्दि । स्टिनिस

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प्यातियर | आईटीएम यूनिवसिंटी के वुमन एम्पावरमेंट सेल ने वेंशन ऑफ सेक्सुअल हैरेसमेंट विषय पर फैकल्टी एंड स्टाफ डवलपमेंट ट्रेनिंग प्रोग्राम तुरारी कैंपस में स्थित मधुलिमये मेमोरियल सेमिनार हॉल में रखा। मुख्य अतिथि आईटीएम की चांसलर रुचि सिंह मौजूद थीं। उन्होंने कहा कि पहिलाओं के सामने लिंगभेद एक बड़ी समस्या है, जिसके चलते वह खुलकर बोल नहीं पातीं हैं। इस बजह से कोर्ट में उनसे जुड़े मामले सालों-साल अटके रहते हैं और उन्हें इंसाफ नहीं मिल पाता है। पोश एक्ट महिलाओं को इंसाफ दिलाने के लिए लागू किया गया है, लेकिन जागरूकता के अभाव में कई महिलाएं उत्पीड़न का शिकार होती रहती हैं। पोश एक्ट के बारे में सिर्फ महिलाएं ही नहीं बिल्क इर व्यक्ति को जानकारी होनी चाहिए। फाउंडर





इनेबलेंस लीडरशिप एवं पोश एक्ट विशेषज्ञ प्रीति खरे ने कहा कि वर्क प्लेस पर महिलाओं का शोषण रोकने के लिए 2013 में पोश एक्ट यानी प्रिवेंशन ऑफ सेक्सुअल हैरेसमेंट कानून बनाया गया। आईटीएम के वाइस चांसलर प्रो. योगेश उपाध्याय ने कहा कि शैक्षणिक संस्थानों में कार्यरत महिला-पुरुष कर्मचारी और अध्ययनरत छात्र-छात्राएं सभी को पोश एक्ट के बारे में जानकारी होनी चाहिए। कार्यक्रम में डॉ. गीतांजलि सुरंगे, डॉ. पल्लवी खत्री और डॉ. कीर्ति श्रीवास्तव मौजूद थीं।









Media coverage



9. Report on Film Screening of "The Kashmir Shawl and its Rafugars: A Collector's Journey"

Organized by: Department of Women Empowerment Cell & Film Club, ITM University

Gwalior

Year/Semester/Target Audience: Students of ITM University

Activity: Film Screening

Date and Duration: 1st April 2024, 2:30 PM to 4:30 PM

Resource Person: Mrs. Aditi Desai, Social Anthropologist, Filmmaker & Artist

Objective

The primary objective of the film screening was to:

- 1. Educate students about the rich cultural heritage and historical significance of Kashmiri shawls.
- 2. Highlight the meticulous craft of the rafugars (traditional darning artisans) of Kashmir.
- 3. Inspire students by showcasing the dedication and passion of a collector in preserving cultural artifacts.
- 4. Foster appreciation for traditional arts and crafts among the youth.
- 5. Encourage discussions on cultural preservation and the challenges faced by artisans.

Activity

The event began with an introduction to Mrs. Aditi Desai, who has dedicated 35 years to studying, collecting, restoring, and documenting Kashmiri shawls. The film "The Kashmir Shawl and its Rafugars: A Collector's Journey" was screened, which beautifully narrated Mrs. Desai's journey as a shawl collector and the historical journey of the Kashmir shawl. The film highlighted her extensive travels across the UK, Europe, America, Central Asia, Russia, South Asia, and China to research literature, study shawls in museums and private collections, and acquire high-quality pieces for preservation.

Key points covered in the film included:

- The evolution of the Kashmir shawl motif from a natural flowering plant to the stylized paisley motif.
- The intricate craft of the rafugars in Najibabad who specialize in the restoration and darning of these shawls.



• The creation of Mrs. Desai's website, <u>www.aditishawls.com</u>, which serves as a comprehensive resource on Kashmiri shawls.

After the screening, Mrs. Desai engaged with the students, answering their questions about Kashmiri shawls and sharing her experiences and challenges as a collector.

Impact

The impact of the film screening was significant:

- 1. **Educational Impact**: Students gained in-depth knowledge about the history and cultural significance of Kashmiri shawls, as well as the intricate techniques involved in their creation and restoration.
- 2. **Cultural Appreciation**: The event fostered a greater appreciation for traditional arts and crafts among the students, highlighting the importance of preserving such cultural heritage.
- 3. **Inspiration**: Mrs. Desai's dedication and passion inspired students to consider the value of cultural artifacts and the importance of preserving them.
- 4. **Awareness**: The event raised awareness about the challenges faced by traditional artisans and the need for supporting their craft.

Outcome

The outcomes of the film screening included:

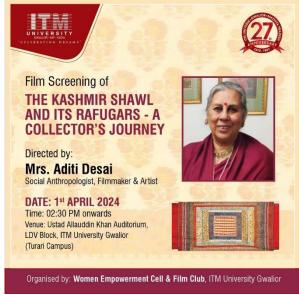
- 1. **Increased Knowledge**: Students left with a deeper understanding of the Kashmir shawl's historical journey and the meticulous work of the rafugars.
- 2. **Student Engagement**: The interactive session with Mrs. Desai encouraged students to ask insightful questions and engage in meaningful discussions.
- 3. **Interest in Cultural Preservation**: The event sparked interest among students in the field of cultural preservation and anthropology.
- 4. **Enhanced Resource Availability**: Students were introduced to www.aditishawls.com, providing them with a valuable resource for further learning and research on Kashmiri shawls.

Overall, the film screening was a successful event that achieved its objectives and had a positive impact on the students, fostering a deeper appreciation for the cultural heritage and craftsmanship of Kashmiri shawls.











Some glimpse of the event









10. SheFuture Women Entrepreneurship Competition Report

Date: April 25, 2024

Venue: ITM University, Gwalior

Organizers: Women Empowerment Cell, Department of Computer Science & Applications,

and IdeaPad (Business Incubation Center)

Objective:

The SheFuture Women Entrepreneurship Competition aimed to empower aspiring women entrepreneurs by providing them with a platform to showcase their innovative ideas, receive valuable mentorship, and secure funding for their businesses. The competition sought to encourage female entrepreneurship, foster innovation, and support the development of viable business ventures.

Activities:

1. **Promotion:**

- o **Social Media Campaign:** Posts highlighting the competition's goals and calling for participation.
- o **Flyers and Posters:** Displayed around the campus to increase visibility.
- Email Blasts: Sent to students, faculty, and external applicants to encourage participation.

2. Registration:

o A registration fee of ₹100 was collected from each participant.

3. Idea Submission:

o Participants submitted their business ideas via a Google form. The ideas were then evaluated by a team of experts.

4. **Selection Process:**

- A jury panel assessed the submitted ideas based on predefined criteria, such as innovation, market potential, scalability, and team strength.
- o The top 10 teams were shortlisted and notified on April 20, 2024.

5. Final Round:

- The shortlisted teams presented their business ideas to the jury panel on April 25, 2024.
- Presentations were evaluated, and winners were selected based on the strength and viability of their ideas.

Event Highlights:

• Participation:

 The competition attracted a significant number of registrations, demonstrating strong interest and enthusiasm among women for entrepreneurship.



o If possible, include the number of participants to illustrate the scale of the event.

• Idea Quality:

- o The creativity and innovation displayed in the submitted ideas were impressive.
- o Highlight a few interesting ideas or the overall themes presented, if available.

• Engaging Presentations:

• Final round presentations were both engaging and informative, showcasing the participants' dedication and passion for their ventures.

• Feedback and Mentorship:

o The jury panel provided invaluable feedback and mentorship, helping participants refine their business ideas and prepare for future endeavors.

Winners:

• **1st Place:** Reonix - Rebirth of Earth

• 2nd Place: Nutri Revive

• 3rd Place: RSSMART Group

The winning teams received cash prizes of ₹5100, ₹2100, and ₹1100 respectively, along with mentorship opportunities, funding, and potential incubation space.

Outcome:

- **Skill Development:** Participants gained practical experience in developing and pitching business ideas.
- **Mentorship:** Received guidance from experienced entrepreneurs and industry experts.
- **Networking:** Fostered connections among participants, mentors, and organizers, creating a supportive community for future collaboration.

Impact:

- **Empowerment:** The competition empowered women by providing them with the confidence and skills needed to pursue entrepreneurial ventures.
- **Innovation:** Encouraged innovative thinking and the development of unique business solutions.
- **Visibility:** Increased awareness of women's entrepreneurship within the ITM University community and beyond.

Conclusion:



The SheFuture Women Entrepreneurship Competition was a resounding success. It provided a valuable platform for aspiring women entrepreneurs to showcase their talents, receive mentorship, and take steps towards turning their visions into reality. The event fostered a spirit of innovation and collaboration, with participants gaining significant insights and making important connections. The positive impact of this competition will continue to empower women to make their mark in the world of business.

40



Flyer of the the event





Picture 1 : Creative



Reels

Posts Photos



ITM-University 🐡

22 Apr · 🚱

"SheFuture: An Entrepreneurship Competition" is a collaborative effort between the Women **Empowerment Cell, Department of** Computer Science and Applications, and Ideapad **Incubation Center, aimed at** fostering creativity and innovation. In today's innovation-driven world, entrepreneurship plays a pivotal role in driving progress, fueling economic growth, and turning ideas into reality. This event serves as a platform to discover, nurture, and empower the next generation of visionaries. Beyond showcasing ideas and securing registration in **Ideapad Incubation Center at ITM University Gwalior, SheFuture** represents hope and opportunity, where dreams meet reality. It exemplifies a commitment to fostering entrepreneurship, innovation, and inclusivity. By bringing together diverse talents



and backgrounds, SheFuture transcends boundaries and shapes the future. Whether a seasoned entrepreneur or a novice innovator, participants have the chance to refine skills, connect with likeminded individuals, and embrace the journey of resilience and success. Let your entrepreneurial spirit pave the way for new possibilities.

Last date of Idea Submission: 22nd April 2024

Registration Link: https://forms.gle/

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#itm #university #gwalior #itmuniversity #ideapad #incubationcentre #innovation #entrepreneurship #competition #ideas



Picture 2 : Social Media News



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of the te	am		from Department
of			, ITM University Gwalior
for secu	ring	position in a competitive event SheFutu	re on 25 April 2024.
	nit Chauhan Itor IDEAPAD	Dr. Geetanjali Surange Convener WEC	Dr. Vani Agrawal Event Coordinator

Picture 3 : Sample Certificate











PPT Presentation